



# Eltham Rugby Union Football Club Inc.

## Player's Code of Conduct

As a player of the Eltham RUFC I accept that the Club aims to foster a spirit of friendship and sportsmanship within the Club and expects me to contribute to that spirit as well as the advancement of the game.

In addition to the ARU Code of Conduct, as a player of the Club I will:

- Play for enjoyment, not just to please your parents, teacher or coach;
- Play by the laws of the game;
- Never argue with the referee's decision. Let your captain or coach ask any necessary questions;
- Control your temper – no 'mouthing off';
- Work equally hard for yourself and for your team. Your team's performance will benefit and so will your own;
- Be a good sport. Applaud all the good play, whether it is done by your team or your opponent;
- Shake hands with all of the opposing team at the conclusion of the match, and clap them off in the spirit of good sportsmanship;
- Treat all players as you yourself would like to be treated. Do not interfere with, bully or take advantage of any player;
- Treat everyone equally regardless of sex, disability, ethnic origin or religion;
- Remember that the goals of the game are - to have fun, improve your skills and feel good;
- Co-operate with your coach, teacher, team mates, referee and opponents, for without them you do not have a game;
- Behave in a way that reflects positively on the Club and the game both on and off the field;
- Abide by the club's policies in relation to drugs and alcohol;
- Abide by the ARU anti-doping policy and other ARU policies on player behaviour and conduct.

The Club is only as good as its members and we all want it to be great.